

Shake !!

32count , 4wall , Newcomer / Novice Line dance
choreographed by Miho Yamaura
music : The Shake by Neal McCoy

1-8 : DIAGONAL ROCK STEP WITH SHIMMY , HOLD , DIAGONAL ROCK STEP WITH SHIMMY , HOLD

- 1 Rock LF diagonally forward to left with shimmy
- 2 Recover on RF with shimmy
- 3 Step LF together
- 4 Hold
- 5 Rock RF diagonally forward to right with shimmy
- 6 Recover on LF with shimmy
- 7 Step RF together
- 8 Hold

9-16 : BACK , HITCH , BACK , 1/2 TURN LEFT WITH HITCH , STEP , TOUCH , KICK-BALL CROSS

- 1 Step LF back
- 2 Hitch right knee
- 3 Step RF back
- 4 Hitch left knee and 1/2 turn left
- 5 Step LF slightly forward
- 6 Touch right toe behind LF (body 7:30)
- 7 Kick RF forward (7:30)
- & Step RF next to LF
- 8 Cross LF in front of RF

17-24 : SIDE WITH SHOULDER POPS (OR CHEST POPS) , SHIFT WEIGHT , TOUCH AND 1/8 TURN × 2

- 1 Step RF to right side and drop right shoulder and raise left shoulder (or chest in and down right shoulder)
- & Hold and drop left shoulder and raise right shoulder
- 2 Hold and drop right shoulder and raise left shoulder (or chest in and still down right shoulder)
- 3 Hold and drop left shoulder and raise right shoulder (or chest in and down left shoulder)
- & Hold and drop right shoulder and raise left shoulder
- 4 Shift weight on LF and drop left shoulder and raise right shoulder (or chest in and still down left shoulder)
- 5 Touch right toe forward swivelling right heel in
- 6 Make 1/8 turn left on LF as swivelling right heel out
- 7 Touch right toe forward swivelling right heel in
- 8 Make 1/8 turn left on LF as swivelling right heel out (face 3:00)

25-32 : STOMP , CLAP , STOMP , CLAP , SIDE AND HIP BUMPS , HIP BUMP , HIP BUMP WITH BRUSH & SLAP

- 1 Stomp RF diagonally forward to right (4:30)
- 2 Clap
- 3 Stomp LF diagonally forward to left (1:30)
- 4 Clap
- 5-6 Step RF to right side & bump hips right twice
- 7 Bump hips left (shift weight on LF)
- 8 Bump hips right (shift weight on RF) & brush back LF to behind right knee & slap right hip on right hand

TAG : At the end of wall 4 and wall 8 , there is a 8 count tag .

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|---|-------------------------------------|---|--------------------------------------|
| 1 | Stomp LF diagonally forward to left | 5 | Stomp RF diagonally forward to right |
| 2 | Hold and clap | 6 | Hold and clap |
| & | Hold and clap | & | Hold and clap |
| 3 | Hold | 7 | Hold |
| 4 | Hold and clap | 8 | Hold and clap |